

2022/2023 WPIAL BOYS AND GIRLS SWIMMING CHAMPIONSHIP

February 2, 2023

WPIAL Swimming Championship will be held at the University of Pittsburgh Trees Pool on Thursday, March 2nd & Friday, March 3rd, 2023.

Coaches, you are responsible for reading this document IN ITS ENTIRETY and sharing necessary information with your team. There have been a number of changes so please read carefully and thoroughly.

- SPECTATORS ARE TO GET IN LINE AT TREES HALL GYMNASIUM. PLEASE COMMUNICATE THIS TO ALL MEMBERS OF YOUR ORGANIZATION WHO MAY PLAN ON ATTENDING THE MEET.
- Coaches must check in their entire team upon entry to Trees Hall and MUST bring ONLY those swimmers who are going to compete. Athletes not entered in this meet are not permitted to dress for this meet and will be redirected to Trees Hall Gymnasium to purchase spectator seating.
- All changing must be done in the locker rooms. An athlete who “Deck Changes” can be disqualified for the remainder of the meet (NFHS 1-5-2, 3-6-1d)
- You are responsible for supervising your athlete’s behavior during the meet. Proper examples must be set by following the rules and showing a high level of integrity and sportsmanship; this is especially applicable while waiting outside and entering the building.

UNIVERSITY OF PITTSBURGH - TREES POOL ~ SWIMMING

AAA Meet will run first followed by the AA Meet BOTH DAYS; the meet will be scored to 16 places.

TIMELINE is in effect for BOTH DAYS:

AAA Entry: 8:15 AM

- Team entry is scheduled to begin at 8:15 AM. Competitors and coaches must enter as a unit as directed.
- An e-mail will be sent to all AAA Qualifying School Athletic Directors specifying the entry order and deck seating assignment for each team by February 24, 2023. Overflow space will be available in small pool area.
- DO NOT ARRIVE EARLY-YOU WILL NOT BE ADMITTED!
- Spectator entry is scheduled to begin at 8:45 AM.

AAA Warm Up: 8:30 AM – 9:40 AM

AAA Timed Finals: 9:45 AM – 12:30 PM

AA Entry: 1:30 PM

- Team entry is scheduled to begin at 1:30 PM. Competitors and coaches must enter as a unit as directed.
- An e-mail will be sent to all AA Qualifying School Athletic Directors specifying the entry order and deck seating assignment for each team by February 24, 2023. Overflow space will be available in small pool area.
- DO NOT ARRIVE EARLY-YOU WILL NOT BE ADMITTED!
- Spectator entry is scheduled to begin at 2:00 PM.

AA Warm Up: 1:45 PM – 3:00 PM

AA Timed Finals: 3:00 PM – 5:30 PM

Swimming events for AAA and AA boys and girls conducted on **Thursday, March 2, 2023** are as follows:

200 MEDLEY RELAY - 200 FREE - 200 IM - 50 FREE - 100 FLY - 200 FREE RELAY

Swimming events for AAA and AA boys and girls conducted on **Friday, March 3, 2023** are as follows:

100 FREE - 500 FREE - 100 BACK - 100 BREAST - 400 FREE RELAY

AWARDS: after the 200 FREE, 50 FREE, 100 FLY, 200 FREE RELAY, 500 FREE, 100 BREAST, and 400 FREE RELAYS.

2022/2023 W.P.I.A.L. SWIMMING QUALIFYING STANDARDS

EVENT	BOYS AAA "Automatic"	BOYS AAA "Second"	GIRLS AAA "Automatic"	GIRLS AAA "Second"
200 Medley Relay	1:42.00	1:49.50	1:54.50	1:58.00
200 Freestyle	1:47.80	1:52.50	1:59.60	2:04.20
200 Individual Medley	2:01.00	2:08.10	2:17.60	2:19.00
50 Freestyle	22.50	23.20	25.10	25.80
100 Butterfly	54.40	56.60	101.30	1:02.10
100 Freestyle	49.50	50.70	55.30	56.10
500 Freestyle	4:53.60	5:08.00	5:25.40	5:29.50
200 Freestyle Relay	1:32.00	1:37.00	1:43.50	1:46.00
100 Backstroke	56.10	58.40	1:00.90	1:02.60
100 Breaststroke	1:01.30	1:04.80	1:11.00	1:12.30
400 Freestyle Relay	3:23.20	3:34.50	3:47.20	3:54.00

EVENT	BOYS AA "Automatic"	BOYS AA "Second"	GIRLS AA "Automatic"	GIRLS AA "Second"
200 Medley Relay	1:48.40	1:54.50	1:58.70	2:07.10
200 Freestyle	1:55.20	2:00.40	2:07.10	2:10.60
200 Individual Medley	2:14.40	2:17.50	2:23.40	2:28.60
50 Freestyle	23.90	24.20	26.20	26.70
100 Butterfly	58.50	1:01.90	1:04.70	1:07.50
100 Freestyle	52.10	53.70	58.20	59.10
500 Freestyle	5:16.30	5:30.00	5:47.00	5:52.00
200 Freestyle Relay	1:37.30	1:40.90	1:46.80	1:52.90
100 Backstroke	1:01.10	1:03.60	1:06.30	1:07.80
100 Breaststroke	1:06.60	1:09.40	1:14.00	1:16.50
400 Freestyle Relay	3:38.60	3:51.00	3:56.00	4:14.50

Qualifying procedures from member schools which sponsor swimming:

- Individual swimmers and relays that achieve the automatic qualifying time ("Automatic") will be **guaranteed** entry in that event if they choose to enter it as one of their individual events for the meet.
- Individual swimmers and relays that achieve the second qualifying time ("Second") may enter that event if they choose to but are not guaranteed entry into that event.
- In order to comply with facility requirements**, once the automatic entries are accepted for an event, the field will be expanded based on the remaining "Second" time entries submitted up to **32 individuals** and **24 relays**.
- These standards must have been met during the 2022-2023 season in a WPIAL dual meet or in an invitational qualifying meet that uses an electronic timing device and is verified by a PIAA approved official.
- It is the responsibility of each school to ensure all qualifying times are being reported to the WPIAL as required in the Entry Procedures / Results Reporting Addendum outlined in the WPIAL Swimming/Diving Cover Page. Times that have not been reported through this process will not be accepted for entry to the WPIAL Championship. Schools must submit their **PROOF OF TIMES** along with their official entry and be prepared to prove a time if questioned.
- Invitational qualifying meets must be scheduled and completed by **Saturday, February 18, 2023**. These meets must be scored. Athletes are permitted to compete in a maximum of 4 events, no more than 2 of which may be individual events. Swimming an event multiple times is not permitted.
- Invitational qualifying meets count towards the team season maximum and should be a part of team schedule.**
- The time submitted for WPIAL entry may not be a Time Trial, Exhibition, Aggregate or Practice time. Relays must qualify as a relay; aggregate/composite relay times are not acceptable as entry times.
- The deadline for all WPIAL entries is NOON on Monday, February 20, 2023.

Qualifying procedures for Individual Swimmers (member schools which do not sponsor swimming):

1. Schools may enter one swimmer per individual event as outlined in this document. If two swimmers of the same gender qualify for the same event, the school must determine their designated competitor for that event.
2. Individual swimmers that achieve the automatic qualifying time (“Automatic”) will be **guaranteed** entry in that event if they choose to enter it as one of their individual events for the meet.
3. Individual swimmers that achieve the second qualifying time (“Second”) may enter that event if they choose to but are not guaranteed entry into that event.
4. **In order to comply with facility requirements**, once the automatic entries are accepted for an event, the field will be expanded based on the remaining “Second” time entries submitted up to **32 individuals**.
5. These standards must have been met during the 2022-2023 season in a WPIAL dual meet or in an invitational qualifying meet that uses an electronic timing device and is verified by a PIAA approved official.
6. The competing teams should not relinquish any of the meet times so these qualifications can be established. These qualifications can be accomplished where an open lane exists, in a natural gap during the meet or at the end of the meet.
7. Individual competitors must be accompanied by a professional employee/designated coach (presented in writing to the meet referee) of their school district who **MUST REMAIN FOR THE DURATION OF THE MEET**. There is no exception to this rule.
8. Schools/Coaches will enter the individual swimmer into the meet via the directions noted below, the same as sponsoring member schools. The deadline for all WPIAL entries is **NOON** on Monday, February 20, 2023.
9. It is the responsibility of each school to ensure all qualifying times are being reported to the WPIAL as required in the Entry Procedures / Results Reporting Addendum outlined in the WPIAL Swimming/Diving Cover Page. Times that have not been reported through this process will not be accepted for entry to the WPIAL Championship. Schools must submit their **PROOF OF TIMES** along with their official entry and be prepared to prove a time if questioned.

UNIFORM (SUIT) INTERPRETATION/CLARIFICATION

The following applies at ALL levels of competition **INCLUDING WARM-UP**.

1. Rule 3-3-1: A competitor shall not be permitted to participate wearing a suit that is not of decent appearance. Boys shall wear suits which cover the buttocks. Girls shall wear suits which cover the buttocks and breasts.
2. Rule 3-3-3 (b) 4: made with no zippers or other fastening system other than a waist tie for a brief or jammer and elastic material within the casing/ribbing in the terminal ends (straps, leg openings and waist openings). This means female swimmers shall not wear suits that tie at the neck or any place on the back.
 - a) Female swimmers/divers shall not pull the suit/straps past the shoulders/down to the waist and wear sports bras, bikini tops or halter tops.
 - b) A drag suit may be worn over a competition suit for warm-ups.
 - c) All suits worn on deck (except drag suits) shall meet all requirements of the uniform rule.
 - d) Leggings and panty hose may be worn with a competition suit for warm-ups.
 - e) Divers may wear two suits.

SUBMISSION OF ENTRIES
Deadline – NOON on Monday, February 20, 2023

Each school must complete the registration process online according to the directions listed below. Please review all information and begin the process of getting comfortable with the entry system as soon as possible to make sure all is working for you. The deadline for all WPIAL entries is NOON on Monday, February 20, 2023. There will be no extension of this deadline. No entries should be given or mailed to either the WPIAL office or to any member of the Swimming Committee. If you have questions about completing your entries contact Meet Director, Dave Babik, via e-mail babikd@penntrafford.org or 412-580-6822. **DO NOT CALL THE WPIAL OFFICE.**

1. **Your official entry includes four (4) items:**

- **Electronic Entry File**
- **Section Record Form (p. 8 of this document scan and attach)**
- **Final completed Meet Schedule (scan and attach)**
- **TM Best Times Report (proof of times) for database verification (scan and attach)**

2. **Your official entry (all 4 items)** is to be received VIA EMAIL - 2A ENTRIES to AAWPIAL@gmail.com and 3A ENTRIES to AAAWPIAL@gmail.com - no later than NOON on Monday, February 20, 2023. Please start your entry process early. If you need assistance please contact Meet Director, Dave Babik, via e-mail babikd@penntrafford.org or 412-580-6822. ****ENTRY EMAILS ARE DIFFERENT FROM THE RESULTS EMAILS USED DURING THE SEASON****
3. All entries must comply with the 2022/2023 National Federation Swimming/Diving Rule Book. Competitors shall be permitted to enter a maximum of four (4) events, no more than two (2) of which may be individual events. Being designated a member of a relay team does not count as an entry unless the competitor competes.
4. Teams must have a minimum of 10 and a maximum of 18 competitions (swimming and/or diving) prior to the WPIAL Meet, to be eligible to score team points at the WPIAL or PIAA Championships. Reminder that Double Dual Meets, where 3 teams and 3 scores are kept, count as 2 meets for each team and Tri Meets or an Invitational, where one set of scores are kept, count as 1 meet. This includes Last Chance Invitational Qualifying Meets. *You must submit a copy of your completed schedule when you submit entries to the WPIAL (reference PIAA By-Law Article IX, Section 4).
5. Official Entries for the 2022/2023 WPIAL Swimming and Diving Championships are to be sent in a Team Manager File, so they can be integrated into the Meet Manager Database. This procedure is the same as previous years and applicable to all schools. If you do not have the Team Manager Program, please go to this link <https://hytek.active.com/downloads.html> - once you are there, scroll down and click on **Lite**. Save this file. You will now be able to use Team Manager Lite 8.0. This is a limited use Free Download and will allow you to submit your entries.
6. Prior to completing your entries, download the appropriate meet for your team - AA or AAA - from the WPIAL website, www.wpial.org. Schools that have split squads where one team is AA and the other is AAA, will have to download both meets and save them as separate meets. Download meets into your TEAM MANAGER database. This is an important step to make sure your entries are accepted accurately. Schools that use Team Unify can also submit their entries using that software.
7. Please make sure each athlete has a grade designation (9, 10, 11 or 12); do not alter or leave this blank. Be sure to enter all USA Swimming ID numbers for active US Swimmers on your roster (p. 7).
8. Your team abbreviation must match your four-letter designated team abbreviation code (this is the one you have used all year when submitting your meet results and it should be set up in your database). If you do not know your code, please refer to the WPIAL Swimming/Diving Cover Page document.
9. To import the events into TEAM MANAGER, click on the appropriate events file. You will be given the option to save or open. You want to save the file on your computer or flash drive. When the download is complete, click close.
10. Open your TEAM MANAGER database. Click FILE, IMPORT, MEET EVENTS. You need to locate the events file that you saved. Double click on the file and the events will be saved in a temporary file. Double click on that and they will be imported. When the import is complete you will get a message that the events were imported.

11. Click on the “Meets” menu in your TEAM MANAGER database and you will see the WPIAL Meet located there. You are now ready to do entries. When you are finished with your entries, go to FILE, EXPORT, meet entries. Make sure you check off to export relays. DO NOT check the box that says to export only relays. Save your file. It is helpful if you rename the file to include your team name.
12. Enter your divers with your swimmers. All divers must be entered through the Team Manager File AND through the *Omada-Trak* website (see Diving Information letter for specifics on entering the diving events).
13. List all potential swimmers (maximum of eight) in each relay event. If an athlete is not listed on your electronic entry submission (your official entry) he/she is not permitted to swim in the relay. Since this event has participant caps are based on facility restrictions, it is imperative that you do not bring any swimmers who are not swimming in the meet. If your relay alternates are not listed in individual events, please limit your non-participating alternates to one athlete. If you do not have four (4) eligible swimmers, you must scratch the relay.
14. Attach the file to an email and send to the classification appropriate address:
2A ENTRIES to AAWPIAL@gmail.com and 3A ENTRIES to AAAWPIAL@gmail.com
****ENTRY EMAILS ARE DIFFERENT FROM THE RESULTS EMAILS USED DURING THE SEASON****
15. Include your full team name, AA or AAA, on the subject line of your email. In the e-mail **please include a cell phone number where you can be reached via text or talk** if there is a problem. You will receive an email confirmation that entries were received along with a meet manager copy of your entries. Please double check for accuracy as any errors on your entry must be fixed before the deadline. If you do not receive a return email **within 24 hours**, please call Dave Babik @ 412-580-6822.

MISCELLANEOUS

1. Psych sheets will be posted on the WPIAL website by Thursday, February 23, 2023. It is the responsibility of each Head Coach to check the Psych Sheets and refer any posting errors in writing to David Babik – babikd@penntrafford.org . **Do not call the WPIAL office.** Requests to enter improved qualifying times or to change events will not be accepted - please double check your entries before submitting them.
2. The women’s locker area will be for all female swimmers and female coaches. All male swimmers and male coaches will use the men’s locker room. Individual lockers will not be available.
3. Swimmers are not permitted in the stands. The concession stand will be open to spectators only. No athletes are permitted access to the concession stand area. There will be no athlete access to the spectator area.
4. Teams will enter the building in the order specified in the email that will be sent to Athletic Directors. Only athletes entered and their coaches will be permitted entry to the pool deck (see page 1).
5. The section of bleachers next to the announcer’s table will be available for coaches to view competition. They are not for athletes. The remaining bleachers under the spectator balcony will be for team use and will be pre-assigned.
6. The main pool (deep and shallow) will close no later than 15 minutes after the last heat of each session and the small pool will be closed during the meet’s entirety.
7. On both dates all athletes, coaches and spectators will exit the facility promptly at the conclusion of the AAA competition to allow preparation time for the AA competition.
8. Shaving at the site is in violation of National Federation Rules and may result in disqualification. Please make sure your swimmers finish shaving before arriving at the University of Pittsburgh.
9. No radios, speakers or electronic games will be permitted in the deck area.
10. The scratch meeting will be held in Room 166 at 9:00 AM for AAA coaches and at 2:15 PM for AA coaches on Day One of the meet. Coaches should bring the information packet provided at check in to this meeting. Entry cards for the 200 Medley Relay will be collected at this meeting. An announcement will be made in Trees Pool should the room number change.
11. The WPIAL team championship and runner-up will be awarded to the boys and the girls teams who compile the highest point totals. **ABSOLUTELY NO ONE** is permitted to jump off the balcony.

SPECTATOR INFORMATION
Please share with Booster organizations

1. **SPECTATORS** are to wait in line at **TREES HALL GYMNASIUM** to purchase their ticket. Please communicate this to all members of your organization who may plan on attending this meet.
2. **All SPECTATORS will be REQUIRED to wear masks in University of Pittsburgh facilities.**
3. Admission is **GATE SALE ONLY** – All championship tickets are **\$10.00**
4. Spectator tickets will be sold at a maximum of **four (4) TOTAL per person**, inside TREES HALL GYMNASIUM starting at 7:30am each day of the competition for AAA and 12:45pm each day for AA. Spectators will wait to be called to enter the pool. Pool balcony will open 1 hour prior to the first event of the session.
5. **Numbered tickets will designate the order that spectators will be permitted to enter Trees Pool. You DO NOT NEED to wait in line overnight to receive a ticket.**
6. WPIAL Courtesy Passes must be presented at the Ticket Booth to acquire a numbered ticket for entry.
7. The entire **WPIAL Swim Championships will be LIVE STREAMED** on the Trib HSSN: <https://tribhssn.triblive.com/>
8. CHAMPIONSHIP MERCHANDISE:

PRE-ORDERS: are available ONLINE at: <https://proknitwear.com/wpial-winter-sports-2023/>
Deadline for Pre-Orders is Friday, February 9, 2023.

All Pre-Order will be available for pick up at the swim championship site. Pre-Orders will not be shipped to individuals and you WILL NOT be charged a shipping fee. The orders will be boxed by “School” at the swimming championship site and a coach or representative can pick up the pre-purchased shirts.

NOTES: 1. Even though pre-orders are not shipped, the checkout page still requires you to fill in a shipping address - please enter your valid shipping address to complete the purchase. 2. If you are ordering for multiple sports during the Pre-Order timeframe, please place each sport order separately – DO NOT MIX SPORT ORDERS in a single order. This may cause delays in receiving your order due to packaging.

9. Pictures of the top eight (8) finishers will be professionally taken and available for your purchase. Information regarding the ordering procedure will be provided at the meet competition.

P.I.A.A. CHAMPIONSHIP INFORMATION

Bucknell University March 15-18, 2023

1. Minimum number of Individual and Relay qualifiers and Maximum number of Diving qualifiers to the 2022-2023 PIAA Championship. The remaining spots are filled with the fastest statewide district times.

AA GIRLS	MINIMUM SWIMMING	1	MAXIMUM DIVING	6
AA BOYS	MINIMUM SWIMMING	1	MAXIMUM DIVING	7
AAA GIRLS	MINIMUM SWIMMING	1	MAXIMUM DIVING	5
AAA BOYS	MINIMUM SWIMMING	1	MAXIMUM DIVING	5

2. If two or more swimmers are tied for the final qualifying spot to the PIAA meet, the tie will be broken based on the validated entry time submitted to the District (WPIAL) Championship. Therefore, it is imperative that you can prove your qualifying times with verified meet results.
3. A swimmer must compete in the same individual events at the PIAA championship from which they have qualified at the WPIAL meet. Competitors are permitted to enter a maximum of five (5) events, no more than two (2) of which can be individual events, and swim in a maximum of 4 events. A swimmer may compete in any relay at the PIAA Meet that his/her team qualifies for as long as they are listed as one of the 8 swimmers on the official team entry.
4. If a swimmer qualifies for an individual event and chooses not to swim that event at the PIAA championship, that swimmer may scratch from the PIAA individual event in order to compete on a qualifying relay team from their school - provided their name has been listed on that relay team on their WPIAL master entry.
5. To scratch an entry to the PIAA Meet the swimmer's coach must send an e-mail to the WPIAL Meet Director, Dave Babik, at babikd@penntrafford.org no later than Monday, March 6th at 10:00 AM. If you do not receive a confirmation e-mail, resend the e-mail or call Dave Babik at 412-580-6822. If a scratch does occur, the next eligible swimmer will be given the opportunity to advance to the PIAA meet.
6. Tickets information for the PIAA Swimming & Diving Championships will be available on the PIAA website at: http://www.piaa.org/sports/championship_details.aspx?sport=swimming All qualifiers should review the PIAA Swim Championship Memorandum and other pertinent information at that same site.

USA Swimming – SWIMS - Upload Information

The WPIAL meet is observed by USA Swimming officials and the times achieved can be uploaded into the USA Swimming National Times Database (SWIMS). As such, they can be used to determine a swimmer’s eligibility for future USA Swimming meets, local and national records, and local and national rankings. Because the WPIAL meets are Observed, the swims are swum as Unattached and do not impact a club’s VCC rankings.

For times achieved at WPIALs to be uploaded into SWIMS, the athlete’s USA Swimming ID must be provided when entering them in the meet directly in the entry file. Coaches are expected to enter and verify the information with their athletes, regardless of their club team – this is a benefit to the athlete, and they should not be penalized.

All USA Swimming IDs must be provided before the meet start. No IDs will be added after the meet completion.

Further, only IDs of active USA Swimming members are to be entered into your entry file. If you do not have USA Swimming members on your team, do not build IDs. If you have a few but not all, only build IDs for those that are current members. Verify with your athlete/parents for current membership if you are unsure.

Times from the meet will be automatically uploaded in the following scenarios:

- Individual events which are not DQd under USA Swimming Rules
- Relay events consisting of four USA Swimming athletes of the same USA Swimming club which are not DQd under USA Swimming Rules

Times from the meet will not be uploaded in the following scenarios:

- Individual events which are DQd under USA Swimming Rules
- Relay events consisting of four USA Swimming athletes who are not of the same USA Swimming club

Times from the meet can be uploaded, upon written request after the meet to the AMS Technical Planning Chair, in the following scenario:

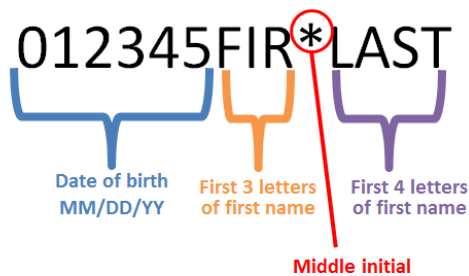
- Relay leadoff from a relay consisting of four USA Swimming athletes who are not of the same USA Swimming club which is not DQd under USA Swimming Rules

- Initial distance split extracted from an individual event which is not DQd under USA Swimming Rules

To determine the athlete’s USA Swimming ID, you will need the following information:

FIRST NAME MIDDLE NAME LAST NAME DATE OF BIRTH
no nicknames!

Team Manager will automatically build the ID for you when you input the above information and tab through the screen. The USA Swimming ID pattern is as such:



Use an asterisk (*) when:
-there is no middle name, thus no middle initial
-there are not enough letters in the first name (3) or last name (4) to complete the pattern

	Example #1	Example #2	Example #3
First Name	John	Allison	Larry
Middle Name	Allan		Francis
Last Name	Smith	Knight	Lu
Birth Date	01/25/1989	06/06/1994	12/16/1999
USA Swimming ID	012589JOHASMIT	060694ALL*KNIG	121699LARFLU**

Should you have any questions in the process, please contact Georgiann Barry, Allegheny Mountain Swimming Technical Planning Chair/National Times Officer at georgiann.barry@amswim.org or Dave Babik, WPIAL Committee Chair babikd@penntrafford.org .

SCAN AND RETURN THIS SECTION RECORD FORM VIA EMAIL ALONG WITH YOUR MASTER ENTRIES

Please Print Legibly or Type this Information

Scan and email this form, completed season schedule, and official electronic entries (by 2/20/23 NOON) to:

2A - AAWPIAL@gmail.com

3A - AAAWPIAL@gmail.com

2022-2023 WPIAL TEAM CONTACT INFORMATION

Name of School:

Head Boys Coach:

Cell Phone #

E-mail

Head Girls Coach:

Cell Phone #

E-mail

Head Diving Coach:

Cell Phone #

E-mail

2022-2023 SECTION RECORD

Section 1 2 3 4 5 2A 3A Boys _____ - _____
(circle appropriate number and classification)

Section 1 2 3 4 5 2A 3A Girls _____ - _____
(circle appropriate number and classification)

