

August 12, 2019

Dear partners and friends of UPMC Sports Medicine,

We are pleased to announce the kickoff of our 2019 Saturday Morning Sports Injury Clinic. UPMC Sports Medicine is committed to providing student athletes with convenient, weekend access to the best possible care for sports-related injuries. Our Saturday injury clinic provides sports medicine care for youth athletes ages 10 to 26 who have sustained an acute injury in the last three days. This fall, the clinic will run from August 31 through October 26, including holiday weekends, at the UPMC Rooney and Lemieux Sports Complexes. Athletes who reside in Erie may attend the clinic at UPMC Hamot Sports Medicine between August 24 and October 26. Appointments are not required at any location.

Athletes should arrive between 7:30 and 8 a.m., accompanied by a parent or legal guardian if they are a minor, and check in at the front desk. They must bring their health insurance card and, if necessary, obtain an insurance referral prior to coming in. They should also review their plan's out-of-pocket expenses, including co-payments, deductibles, and co-insurance (*Fees are due at time of service and, for your convenience, we accept cash, checks, and credit/debit cards*). Athletes are seen on a first-come, first-served basis. More information can be found on our website.

Additionally, we encourage that athletes be introduced to their athletic trainer(s) at the beginning of their season and notified that they may reach out to them at any time for injury advice and treatment. Keep in mind that our athletic trainers can also help athletes schedule expedited appointments with UPMC Sports Medicine physicians, should their condition require it.

UPMC Sports Medicine is proud to partner with local schools to provide the best possible care to student-athletes and their families. On behalf of our team, we wish you a healthy and successful fall sports season. Thank you for being a part of the UPMC Sports Medicine family.

Best regards,

All of us here at UPMC Sports Medicine

UPMC Sports Medicine is the official medical provider of:

