

Introduction to Athletic Training: An Interactive Workshop for High School Students (Grades 9-12)

Saturday, June 5, 2021 • 8 a.m. to 12 p.m.

UPMC Sports Medicine is proud to offer our bi-annual workshop for high school students interested in a career in athletic training or who wish to enhance the skills they use daily in their high school athletic training room.

Students will be exposed to elements of our key topics through lecture, demonstration, and PowerPoint Presentation. We will be utilizing a virtual platform for this event, Microsoft Teams. The main topics will cover what the role of an athletic trainer is in multiple settings, anatomy, and common injuries among other exciting topics.

If interested in the event, please email Rob McCabe at mccabere@upmc.edu with the name of the student attending.

**There is no fee associated with this virtual event*

Workshop Athletic Training Staff:

Brandon Karabinos
Keystone Oaks High School

Karen Andreycak
*University of Pittsburgh-
Greensburg*

Whitney Rowley
Point Park University

Alyssa Vanasco
Obama Academy

Rob McCabe
Manager

Hannah Marsters
Robert Morris University

Mychelle Berry
Point Park University

Spencer Daddario
Thiel College

JaShawn Smith
Greenville High School

Workshop Topics

- Career Exploration
- HS Aide Roles and Responsibilities
- Conditioning and Rehabilitation
- Medical Terminology
- Common Injury Types
- Evaluation, Diagnosis, and Specific Injuries
- Concussion
- Nutrition

For questions regarding the workshop, call:
Robert McCabe at
(412) 432-3724

