

# 2021 - 2022 WPIAL WRESTLING SCHEDULE

March 23, 2021 – Subject to change after Committee and Board Review

**First Practice Date ~ November 19, 2021**  
**First Scrimmage Date ~ November 26, 2021**  
**First Play Date ~ December 10, 2021**

**Maximum Competitions ~ 22**  
**Maximum Scrimmages ~ 2**

The WPIAL wrestling **section competition begins on December 15, 2021** and must be **completed by January 19, 2022**. The section schedule consists of one (1) section match per week and is limited to one match with each opponent. The section schedule may be adjusted to fit the home team facility. In addition, other schedule adjustments may be made upon both schools reaching mutual agreement. **However, member schools are not permitted to meet their section match obligation with a member school at a multiple dual meet tournament. Regardless of adjustments in the schedule, all section matches must be completed no later than January 19, 2022.** Please check your schedule for accuracy and notify the League Office at (412-921-7181) if any errors are found. **Please provide a copy of this memo, schedule and calendar to your head wrestling coach.**

**Coaches are advised that the PIAA By-Laws Article XIV, Section 3 require that the "HEAD" coach attend a minimum of one PIAA mandatory rules interpretation prior to each season. Mandatory rules meeting dates and times are available on the PIAA website. [www.piaa.org](http://www.piaa.org)**

## REGULAR SEASON MATCHES

If ties occur in a dual meet, the 2021 - 2022 NFHS Rules book criteria will be used to break the tie. Errors involving the computation of team scores must be corrected within 30 minutes of the conclusion of the match. Each WPIAL section has been divided into two (2) subsections. The League schedule includes only matches versus other schools in the same subsection. The compressed season for team matches requires that section schedules are minimized to permit the PIAA individual and team tournament component of the season to be met. The reduction in section matches also allow schools greater flexibility in scheduling individual tournaments, dual meet tournaments, and exhibition dual meets.

**The last play date for team competitions in Class AA is Saturday, February 12, 2022 and in Class AAA, Saturday, February 19, 2022.**

A random draw of weight classes will be used in all dual meet and team tournaments.

## SECTION CHAMPIONSHIP TOURNAMENT

The top five (5) place finishers in each section will advance to the WPIAL Team Championship Tournament. On Wednesday, January 26, 2022, a one-day section championship tournament doubleheader will be held prior to the WPIAL team championship tournament. At the section championship tournament, the first-place finisher from each subsection will wrestle the second-place team from the opposite subsection in the same section. The two winners will then wrestle for the section championship. The winner will be declared the section champion and will be presented the section plaque. The defeated team will be the 2<sup>nd</sup> place finisher in the section. The two defeated teams in the preliminary match will wrestle for 3<sup>rd</sup> and 4<sup>th</sup> place in the section. The fifth qualifier will be the winner of a single match held on the same night (January 26, 2022) as the section championship tournament between the third-place team from each subsection.

In 2021 - 2022, the section championship tournament will be held at the site of the first-place team in the "B" subsections. The fifth place-qualifying match will be held at a site in the "B" subsections as determined by the wrestling committee. If the designated site for matches in the tournament is not available, the WPIAL will assign the site based on the League "Home Site Policy". The WPIAL wrestling Committee will organize and manage all section championship tournament matches.

Teams involved in the section championship tournament, are not required to count the two (2) competition points for the matches in the tournament. It is suggested, but not required, that other section teams wrestle each other in an exhibition match on January 26, 2022. However, these schools will have to count the match as a competition point.

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### **Tie Breaking Procedures**

In the event of a two-way tie for any place, head to head competition will prevail. A tie between three or more teams will be broken by comparing the head-to-head competition between the tied teams that may result in one or more of the teams demonstrating a higher cumulative total of victories. If the three or more tied teams have identical records against each other, the WPIAL tie-breaking system will be used until only two tied teams remain. Head-to head will then be used to break the tie between the two remaining teams.

**If three or more teams have identical records against each other, the following tie-breaking system will be used.**

- a) The team whose opposing wrestlers or team personnel has been penalized the greater number of team points for flagrant or unsportsmanlike conduct shall be declared the winner.
- b) The team whose opposing wrestlers or team personnel has been penalized the greater number of team point deductions shall be declared the winner.
- c) The team having won the greater number of matches (including forfeits) shall be declared the winner.
- d) The team having accumulated the greater total number of falls, defaults, forfeits, and disqualifications shall be declared the winner.
- e) The team having the greater number of technical falls shall be declared the winner.
- f) The team having the greater number of major decisions shall be declared the winner.
- g) The team having the greater number of total match points shall be declared the winner.
- h) If none of the above resolves the tie, a flip of a disk will determine the winner.

### **WPIAL TEAM CHAMPIONSHIPS**

As a result of possible changes in the WPIAL Team Championship format, information about the team tournament will be e-mailed to AD's and posted on the WPIAL website prior to the start of the first wrestling practice date.

### **WPIAL INDIVIDUAL CHAMPIONSHIPS**

As a result of possible changes in sectional and championship tournaments for 2022, qualifiers and regionals, information about the individual championships will be e-mailed to AD's and posted on the WPIAL website prior to the start of the first wrestling practice date.

### **WEIGHT CONTROL**

#### **Important Dates**

**October 15, 2021 ~** The deadline for a member senior high school to enter its complete varsity wrestling schedule into the NWCA Optimal Performance Calculator.

**October 22, 2021 ~** The earliest date at which a student may be assessed by an authorized assessor and have their minimum wrestling weight (MWW) during the season certified by an authorized medical examiner.

**February 18, 2022 ~** The deadline date for senior high school wrestlers to establish their MWW.

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**PIAA Weight Control Program**

The PIAA will again use the NFHS Weight Management Program (Rule 1-5-1, 2, 3) for the 2021 - 2022 wrestling season.

The Weight Certification Program has four major points of emphasis: (1) a wrestler may not go below 7% body fat for males and 12% body fat for females; (2) a wrestler must have a urine specific gravity of 1.025 or lower before they have a body fat assessment; (3) a wrestler may not lose more than 1.5% of his/her body weight per week; (4) the weight certification program will have a built in nutritional component.

The Optimal Performance Calculator of the web-based Track Wrestling program will be used. The program calculates the lowest body fat for each wrestler along with providing a weekly weight loss descent program and a nutritional program where wrestlers can create a diet plan based on their caloric needs. All athletic directors and coaches are encouraged to visit the Track Wrestling website [www.trackwrestling.com](http://www.trackwrestling.com) and become familiar with the Optimal Performance Calculator.

Another important component for the Weight Certification Program will be the certification of Weight Certification Assessors. Every school will need to have a certified assessor to perform the urinalysis and body fat measurements for the Optimal Performance Calculator. All wrestlers must have their certified minimum wrestling weight class certified by an authorized medical examiner on the PIAA "**Section 7: CIPPE Minimum Wrestling Weight Classification**" form. This certification must be established NO EARLIER THAN six weeks prior to the first regular season contest day of the winter sports season.

**Senior High School wrestlers must be certified at only one of the following thirteen (13) weight classifications:**

**106, 113, 120, 126, 132, 138, 145, 152, 160, 172, 189, 215, 285**

A two (2)-pound growth allowance is authorized on or after **December 25** for both junior high/middle school and senior high wrestlers.

**COMMUNICABLE SKIN DISEASE**

The PIAA has adopted the National Federation Wrestling Rule Relevant to communicable diseases. The rule is as follows:

Rule 4-2-3: If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, his coach shall provide current written documentation from a physician stating that the suspected disease or condition is not communicable, and that the athlete's participation would not be harmful to his opponent. This document shall be furnished at the weight-in or prior to competition in a dual meet or tournament. Covering a communicable disease shall not be considered acceptable and does not make the wrestler eligible to participate.

All PIAA schools are required to use the **PIAA COMMUNICABLE SKIN DISEASE** form when necessary to comply with Rule 4-2-3. All parts of the **form must be completed and signed only by a physician (MD. Or DO.)**

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**METHOD OF COUNTING COMPETITIONS**

A PIAA member school is permitted to participate in a maximum of twenty-two (22) regular season wrestling contests based on the following method of counting regular season wrestling contests.

- a. One (1) Contest for each dual meet.
- b. Two (2) Contests for each triangular meet or each individually or Team-Bracketed Tournaments, involving no more than 8 Teams, pursuant to NFHS Wrestling Rule 10, Conduct of Tournaments, Section 3, Tournament Brackets.
- c. Three (3) Contests for each quadrangular meet, each individually or Team-Bracketed Tournaments, involving at least 9 Teams, pursuant to NFHS Wrestling Rule 10, Conduct of Tournaments, Section 3, Tournament Brackets, and each one-day Multiple School (Dual) Event or individual pool event.
- d. That in Varsity Regular Season individually bracketed tournaments with 9 or more teams, a team may at the discretion of the Tournament Director, enter an additional wrestler per weight class without counting as additional Team competitions.
- e. Multiple day Combination Tournament competition points and/or multiple day Multiple School (Dual) Event competition points are the aggregate of b and/or c herein.
- f. The foregoing must be compliant with NFHS Wrestling Rule 1, Competition, Section 4, Representation, and Article 2, which provides for no wrestler to represent that wrestler's school in more than one weight class in any meet or compete in more than five matches (championship of consolation, including forfeits in any one day).

**\*\*\*Teams are limited to no more than two multiple school dual events or combination tournaments.**

At the sub-varsity level, a Team may enter up to three (3) contestants per weight class, in an individual tournament, without counting additional competition points.

A **COMBINATION TOURNAMENT** is defined as: A Multiple School (Dual) Event in each of the NFHS weight classes in which individuals initially move from round to round as an interscholastic wrestling Team (pools) or advance based on Team results culminating in the wrestlers' placement on an individual bracket with advancement from that point based on the individual results.

A **MULTIPLE SCHOOL (DUAL) EVENT** is defined as: Contests involving three (3) or more Teams of students representing their schools in interscholastic Team wrestling competition.

**REPORTING SCORES:**

The home team is obliged to phone in all scores:

Pittsburgh Post Gazette (412-263-1621 ~ 1-877-672-6224) [highschool@post-gazette.com](mailto:highschool@post-gazette.com)  
Tribune Review-PGH (1-888-748-8742) [ptrsports@tribweb.com](mailto:ptrsports@tribweb.com)  
Washington Observer Reporter (1-800-222-6397) [orsports@observer-reporter.com](mailto:orsports@observer-reporter.com)  
Beaver County Times - [mbires@timesonline.com](mailto:mbires@timesonline.com)

Other appropriate local papers should be notified as well.