

2019/2020 WPIAL BOYS AND GIRLS DIVING CHAMPIONSHIP

January 16, 2020

The WPIAL Diving Championship competition sites are based on classification and will be conducted as follows:

AA – South Park HS Friday, February 21, 2020 – see schedule below

AAA – North Allegheny HS, Saturday, February 22, 2020 – see schedule below

Coaches, please read this document in its entirety

- All changing must be done in the locker rooms. Any athlete who “Deck Changes” can be disqualified for the remainder of the meet (NFHS 1-5-2, 3-6-1d)
- The girls’ and boys’ contests have been reversed from years past. Starting times for diving competition may be adjusted based on the number of entries received. If changes are made, affected schools will be contacted no later than Wednesday, February 19, 2020
- A paid member of the coaching staff must attend the practice session(s) and the WPIAL Championship meet and must remain with their divers at the site for the duration of the practice and meet.
- The top six (6) AA Girls and Boys and the top five (5) AAA Girls and Boys automatically advance to the PIAA Championship at Bucknell University.

AA Diving Practice will be held at South Park High School on Wednesday, February 19, 2020 from 6:00 to 8:00 PM

WPIAL AA Diving Championships – South Park High School - Friday, February 21, 2020

AA Competition – Girls	Warm Up	10:00 AM	Competition	11:00 AM
AA Competition – Boys	Warm Up	1:30 PM	Competition	2:30 PM

Admission will be gate sale only: Adults - \$10 Students - \$5

AAA Diving Practice will be held at North Allegheny on Thursday, February 20, 2020 from 6:30 to 8:30 PM.

WPIAL AAA Diving Championships – North Allegheny High School - Saturday, February 22, 2020

AAA Competition – Girls	Warm Up	9:00 AM	Competition	10:00 AM
AAA Competition – Boys	Warm Up	1:30 PM	Competition	2:30 PM

Admission will be gate sale only: Adults - \$10 Students - \$5

UNIFORM INTERPRETATION/CLARIFICATION (SUITS WORN BY SWIMMERS/DIVERS)

The following applies at ALL levels of competition and includes warm-ups.

Rule 3-3-1: A competitor shall not be permitted to participate wearing a suit that is not of decent appearance. Boys shall wear suits which cover the buttocks. Girls shall wear suits which cover the buttocks and breasts.

Rule 3-3-3 (b) 4: made with no zippers or other fastening system other than a waist tie for a brief or jammer and elastic material within the casing/ribbing in the terminal ends (straps, leg openings and waist openings).

1. Female swimmers/divers shall not pull the suit/straps past the shoulders/down to the waist and wear sports bras, bikini tops or halter tops.
2. A drag suit may be worn over a competition suit for warm-ups.
3. All suits worn on deck (except drag suits) shall meet all requirements of the uniform rule.
4. Leggings and panty hose may be worn with a competition suit for warm-ups.
5. Divers may wear two suits.

DIVING CHAMPIONSHIP QUALIFYING STANDARDS

In order to qualify for the WPIAL diving competition, all divers must meet the minimum standards listed below. The submitted diving qualifying sheet (6 dive sheet or 11 dive sheet) must be signed by the referee.

Divers can qualify with the standard 6-dive list that is conducted in a Dual Meet or with an 11-dive list that may have been achieved at an Invitational Meet. All requirements for submitting a 6-dive sheet are also required for a qualifying 11 dive sheet. The requirements to determine a qualifying 6-dive and 11-dive score are noted below.

	Degree of Difficulty 5 Optional Dives Only (Do not include the voluntary dive DD)	3 Judges
Boys AAA	9.7	175.0
Boys AA	9.0	160.0
Girls AAA	9.7	190.0
Girls AA	9.0	160.0

11 Dive List	Degree of Difficulty 6 Optional Dives	3 Judges
Boys AAA	11.5	313.0
Boys AA	11.0	275.0
Girls AAA	11.5	350.0
Girls AA	11.0	284.0

Please be sure that the minimum required degree of difficulty, the minimum total score and a signature by a PIAA official are all included on the 6-dive or 11-dive qualifying sheet submitted by your school for each diver. For two-judge scores, multiply that score by 1.5 to attain the three-judge score. If you have a pre-printed diving sheet from Omadatrak, the signature of the diver and coach are not necessary. All qualifying sheets, whether handwritten or computer generated must have the signature of one or more of the officials that were at that contest.

CHECKLIST FOR SUBMITTING AN 11-DIVE LIST ON THE OMADATRAK SITE:

Please make sure the information you submit on the web entry system satisfies the following criterion:

1. Voluntary Dives:

- The five (5) voluntary dives shall come from each of the five groups (front, back, reverse, inward and twist). They will have their assigned degree of difficulty. The total DD of all (5) voluntary dives must be 9.0 or less
- Each voluntary dive number (i.e. 101, 201, 301, etc.) should be circled to indicate that dive as a voluntary. When all (5) voluntary dives are circled, their total DD should NOT exceed 9.0.
- The voluntary dives must be strategically placed in the following manner:

Preliminary Round (1st thru 5th rounds) – There should be (2) voluntary dives placed in this round. They can be performed in any order WITHIN this round and must not be from the same category.

Semifinal Round (6th thru 8th rounds) – There should be (2) voluntary dives placed in this round. They can be performed in any order WITHIN this round and must not be from the same category or duplicate a category from the preliminary round.

Final Round (9th thru 11th rounds) – There should be (1) voluntary dive placed within this round. It can be performed in any order WITHIN this round and must be from the last remaining dive category not presented in the top 8 rounds.

2. Optional Dives:

- The (6) optional dives must come from each of the five groups (front, back, reverse, inward and twist). The 6th optional can come from any of the five dive categories.
- The optional dives must be strategically placed in the following manner:

Preliminary Round (1st thru 5th rounds) – There should be (3) optional dives placed in this round. **NONE OF THESE OPTIONAL DIVES SHOULD BE FROM THE SAME CATEGORY!!** They can be performed in any order within this round.

Semifinal Round (6th thru 8th rounds) – There should be (1) optional dive placed in this round. **THIS OPTIONAL DIVE CANNOT BE FROM THE SAME CATEGORY AS IN THE PRELIMINARY ROUND!!** It can be performed in any order within this round.

Final Round (9th thru 11th rounds) – There should be (2) optional dives placed in this round. One of these dives will be the 2nd optional in the doubled-up category. The other optional dive will be from the 5th category not performed in the top 8 rounds.

- The (4) optional dives listed in the top 8 rounds **MUST** be from different dive categories!!

3. All five (5) categories of dives (front, back, reverse, inward and twist) **MUST** be represented in the first eight (8) rounds!! The (5) categories can come from either the voluntary dives or the optional dives.

REQUIREMENTS FOR SUBMITTING A DIVE LIST FOR THE 2019 WPIAL MEET:

****NEW REQUIREMENT**** - Any coach wishing to enter a diver in the 2020 WPIAL Diving Championships will need to submit the following information to Patti McClure (addresses listed below) by Monday, February 17, 2020:

1. The diver's 11-Dive list on the Omadatrak website
2. Mail the diver's original 6-dive or 11-dive qualifying sheet with referee's signatures to Patti McClure.
3. **NEW REQUIREMENT** - If the main qualifying sheet does not have all five (5) categories listed, then you must send another diving sheet (signed by the officials) that includes that missing category. **Please note: only one sheet needs to be a qualifying sheet! If you need to send in a second sheet to represent additional diving categories, that second sheet does NOT need to be a qualifying sheet!! There must be a score higher than "0" for all five categories on the submitted diving sheet(s) in order to be eligible to participate in the WPIAL Diving Championships.**

The diver's name and 6-dive or 11-dive qualifying score must also be submitted on along with the swimming entries via the Team Manager File.

Directions for Entering a Dive List on the Omadatrak Diving Web Entry System:

The Omadatrak Web Entry System will be open from **Friday, January 31, 2020 at midnight through Monday, February 17, 2020 at 12:00pm**. Be advised – you must be patient with the web site as it processes the data you are entering!

1. Go to <http://www.omadatrak.com>
2. Click on the icon to the far right that reads *Online Diving Web Entry*.
3. If you are not registered, please do so by going to the “*Not registered – click here*” prompt – be sure to remember the e-mail address you use and the password you provide – they will be your username and password!
4. After you log in, click on the green box next to your meet. AA schools will enter the *AA WPIAL Championships*. AAA schools will enter the *AAA WPIAL Championships*. This meet will become highlighted and a black triangle will appear in the green box.
5. The contest password is “**pghdiving**” for both meets – you will not be able to complete your entries without this password.
6. Under the logo for the diving software is the menu bar.
7. Under the *Centers* drop down menu, choose *Team*:
 - a) Click on *New Team* (you will only be entering your team and diver one time)
 - b) Fill in your team name, an abbreviation and the team’s administrative e-mail (your e-mail) and click *Save Changes*.
8. Under the *Centers* drop down menu, choose *Athlete*:
 - a) Click on *New Athlete*
 - b) Fill in the necessary information (only those areas in yellow) and click *Save Changes* – be patient, this is one of the options that may take time to process. After every athlete, you will return to the main *Athletes* page. If you feel the page is taking too long, hit *refresh* in your toolbar and click *cancel* next to *save changes*.
 - c) Repeat for each diver
9. After your athletes are registered, choose *Entry* under the *Centers* drop down menu
 - a) Click on the athlete you want to work on
 - b) Choose the event you are entering (*Girls or Boys Im diving*)
 - c) Type in the Dive Number (ex. 103C) under Dive # - the description and DD will automatically fill in, check the box if it is a voluntary dive, and click on “*Update*”.
 - d) When you are finished, the red X’s will have changed to all green checkmarks. You do not need to save the information at the end of the dive list. If you’ve updated all 11 dives, your information is saved.
 - e) Repeat for each diver
10. After you have completed your entries, choose *Reports* in the menu bar
 - a) Click *Entry Summary Report* and print the page previewed. This is the verification of your entries. Bring this page with you to the meet.

Submitting the diver’s 6-dive or 11-dive qualifying sheet:

In addition to submitting your diving information on the Omadatrak website, the original 6-dive or 11-dive qualifying sheet with the official’s signature must be mailed to:

Patti McClure
2580 Matterhorn Drive
Wexford, PA 15090

Deadline for the receipt of the online entry and mailed qualifying sheet is **12:00 pm Monday, February 17, 2020**.

If other arrangements need to be made, please contact Patti McClure at 412-389-4358.

If there are any questions with regard to any part of the WPIAL diving submission process, please contact Patti McClure at 412-389-4358 (cell phone), 724-934-7237 (work). You can also reach her via e-mail at pmcclure@northalleggheny.org.

2019-2020 PRE-ORDER FORM WPIAL SWIMMING SOUVENIR SHIRT

WPIAL is providing schools an opportunity to order souvenir shirts in advance of the diving and swimming championships.

All orders MUST be pre-paid and a minimum of 5 shirts per order is required.

SCHOOL NAME _____			
SCHOOL ADDRESS _____			
ITEM	QUANTITY	PRICE	TOTAL
<u>LONG SLEEVE T-SHIRTS-XL</u>		\$22	
<u>LONG SLEEVE T-SHIRTS -L</u>		\$20	
<u>LONG SLEEVE T-SHIRTS -M</u>		\$20	
<u>LONG SLEEVE T-SHIRTS -S</u>		\$20	
<i>T-Shirts are white ~ Sweatshirts are light gray design is shown below</i>			
<u>HOODED SWEATSHIRTS- XL</u>		\$32	
<u>HOODED SWEATSHIRTS - L</u>		\$30	
<u>HOODED SWEATSHIRTS - M</u>		\$30	
<u>HOODED SWEATSHIRTS - S</u>		\$30	
	TOTAL AMOUNT DUE		\$

Indicate where you will pick up your order. (please (X) one of choices)

_____ AA DIVING CHAMPIONSHIPS @ SOUTH PARK High School 2/21/2020

_____ AAA DIVING CHAMPIONSHIPS @ NORTH ALLEGHENY High School 2/22/2020

_____ SWIMMING CHAMPIONSHIPS @ Trees Pool Pitt University ~ week of 2/24/20; Date To be determined.

DEADLINE FOR PRE-ORDERS: FEBRUARY 7, 2020

PERSON ORDERING

MAILING ADDRESS

CITY _____ State _____ Zip Code _____

(_____)

PHONE _____ E-Mail address _____

Ordering Information and Instructions

- Full payment required with order. Make checks payable to: **WPIAL**.
- Send orders to the: WPIAL, 615 Iron City Drive, Suite 300, Pittsburgh, PA 15205. Any questions, please contact Lynn Sivetz @ WPIAL; Phone # 412-921-7181.
- **Retain a copy of this order form to show when picking up your merchandise.**
- The WPIAL will contact the person placing the order if there are any questions.
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Shipping fees will need to be included in any order placed after the initial pre-orders are submitted.