

January 16, 2019

TO: Athletic Directors
FROM: Tim O'Malley, Executive Director
SUBJECT: 2019 WPIAL Girls Gymnastics **Team** Championship – **Friday, February 15, 2019**
2019 WPIAL Girls Gymnastics **Individual** Championship - **Saturday, February 16, 2019**

The 2018 WPIAL girls' **TEAM CHAMPIONSHIP** will be held on **Friday, February 15, 2019**, at Moon High School beginning at 7:00 PM. The following items will explain all areas of the tournament. However, if further clarification is necessary, please contact the WPIAL office.

- 1) An entry blank for team competitors is enclosed. This entry form must be postmarked by **Monday, February 11, 2019**, and returned to Amy Caprino at Moon Area School District. (*Email submissions accepted at amycaprino@yahoo.com*)
- 2) The top three teams in each section as determined by the section record will qualify into the team competition. (Any ties in section record will be broken by the head to head meet result). Your section record will also determine your competition order at the championship event.
- 3) A team entry form is attached for the 6 schools who qualified in the 2018/2019 WPIAL schedule. Please follow the directions on this form.
- 4) All coaches **MUST** wear warm-ups and gym shoes. The coaches/athletes' attire must have **no visible advertising of private clubs**.
- 5) Food will be available at the site. **Please do not bring in outside vendor food.**
- 6) All competitors must be accompanied by a professional employee of the school district, or a designated coach representing the school (in writing), who must remain at the tournament site until the competitor has been eliminated.
- 7) **No protests will be considered. No medical waivers** for injuries or illnesses will be accepted.
- 8) **ADMISSION:** GATE SALE ONLY
\$8.00 – Adults \$5.00 – Students
- 9) All floor exercise music **MUST** be recorded on a quality CD and/or Ipod connection. All music will be played on one amplification system provided by the host school. Use of any other system will be prohibited.
- 10) Long sleeved tee shirts and hooded sweat shirts will be available at a cost of \$20 for tees and \$30 for hoodies.
- 14) **A team trophy** will be presented at the **completion of the session**.
- 15) **WPIAL MEDIA POLICY REGARDING POST-GAME INTERVIEWS**
The WPIAL Board of Directors, in an attempt to ensure proper supervision after a contest and provide all coaches and student-athletes the opportunity to reflect on their team's performance and game outcome, is requesting the cooperation of ALL MEDIA to delay ALL INTERACTION with coaches and student-athletes immediately following the conclusion of all playoff contests. In venues where it is possible, a designated media area, as established by the WPIAL appointed Game Manager, will be provided for the purpose of post-game interviews in a more controlled environment. Where designated areas are not available the WPIAL Board is requesting that ALL INTERVIEWS ARE DELAYED for a minimum of fifteen (15) minutes following the conclusion of the event. For this procedure to be effective, all coaches and media are asked to respect (observe) this request. The intent of this request is to allow for a "cooling off" and reflection period for coaches and student-athletes prior to addressing the media and to provide the media with more meaningful (objective) comments by coaches and student-athletes related to the contest. The WPIAL Board of Directors appreciates everyone's cooperation with this request (procedure).

2019 WPIAL GIRLS GYMNASTICS CHAMPIONSHIP

GIRLS TEAM ENTRIES

SCHOOL NAME _____

Five competitors per event may be entered.
There will be NO changes in line up once competition has begun.
This IS your competition order.

VAULT	BARS
1)	1)
2)	2)
3)	3)
4)	4)
5)	5)

BEAM	FLOOR
1)	1)
2)	2)
3)	3)
4)	4)
5)	5)

Coach's Name:	Telephone: (H)	(W)
Coach's Name:	Telephone: (H)	(W)

NOTE: THIS FORM SHOULD BE RETURNED TO AMY CAPRINO AT MOON SCHOOL DISTRICT NO LATER THAN MONDAY, FEBRUARY 11, 2019.
Or email to – amycaprino@yahoo.com

2019 WPIAL TEAM GYMNASTICS CHAMPIONSHIP
Schedule of Events
Friday, February 15, 2019

One Session – Three teams from each section
(6) Six teams

4:00 pm	Doors Open
4:30 pm	<i>Draw for order for Saturday's competition</i>
5:00 pm	Coaches Meeting
5:30 pm	1st Warm up Rotation
6:55 pm	Parade of Athletes
7:00 pm	Team Competition
9:00 pm <i>est.</i>	Conclusion of Competition Awards Ceremony

Athletes **MUST** be in school uniform to accept awards.

NO visible advertising of private club.

The 2019 WPIAL girls' **INDIVIDUAL CHAMPIONSHIP** will be held on **Saturday, February 16, 2019**, at Moon High School beginning at 10:00 AM. The following items will explain all areas of the tournament. However, if further clarification is necessary, please contact the WPIAL office.

- 1) An entry blank for individual contestants is enclosed. This entry form must be postmarked by **Monday, February 11, 2019**, and returned to Amy Caprino at Moon Area School District. (*Email submissions accepted at: amycaprino@yahoo.com*) All gymnasts may enter the WPIAL tournament if they have achieved the qualifying standard in their event(s).
- 2) **For those WPIAL schools who do not field a gymnastics team; but have an individual or individuals who wish to compete and meet all PIAA eligibility requirements, you may only enter one individual per event.** If your school does not field a gymnastics team, but you have a gymnast who wishes to compete and she has demonstrated in four (4) meets that she is capable of meeting the WPIAL standard for entry in her event, please forward her name and qualifying marks, attested by an official, to Amy Caprino at Moon Area School District by **Monday, February 11, 2019**. A minimum of 50% of individuals' gymnasts qualifying scores must be obtained at a high school team hosted meet.
- 3) A draw for group rotation will be held at Moon High School gym on February 15th at 4:30 PM prior to the team competition. The coaches in attendance will draw. There will be NO changes made in a gymnast division or order prior to competition on Saturday.
- 4) The qualifying standards for all individuals who wish to enter the WPIAL championship event are as follows:
 - a) There must be a minimum of four (4) scores from PIAA officiated meets, tournaments or invitationals.
 - b) Average the event median score (middle score) with the season high score on that event to establish your qualifying score.
 - c) All-Around ~ Total your four event averages for your qualifying score. Each event must attain the division minimum. Otherwise, use specialist average of remaining events. *Do not use all around scores.*
 - d) Specialists ~ After averaging individual events, the events will be averaged together to determine the division.
 - e) Any gymnast who wins the all around with a score that exceeds their current division must move up into that division for any following years of competition.
 - f) Any gymnast who registers and/or competes level 9 or above USAG must register advanced.
 - g) No gymnast may move down a division once they have competed in that division at a district or state level meet.

NOTE: A gymnast may compete in one division only. No mixed divisions.

EVENT	INTERMEDIATE II	INTERMEDIATE I	ADVANCED
VAULT	8.0	8.5	9.0
BARS	8.0	8.5	9.0
BEAM	8.0	8.5	9.0
FLOOR	8.0	8.5	9.0
ALL AROUND	32.0	34.0	36.0

- 5) The WPIAL Board of Directors has a non-school team competitor policy that permits only one entry from a non-school team. Only one entry per school, per event, per division will be permitted to compete in the tournament.
- 6) All coaches **MUST** wear warm-ups and gym shoes. The coaches/athletes' attire must have **no visible advertising of private clubs**.
- 7) Food will be available at the site. **Please do not bring in outside vendor food.**
- 8) All competitors must be accompanied by a professional employee of the school district, or a designated coach representing the school (in writing), who must remain at the tournament site until the competitor has been eliminated.
- 9) **No protests will be considered. No medical waivers** for injuries or illnesses will be accepted.
- 10) **ADMISSION:** *GATE SALE ONLY*
\$8.00 – Adults \$5.00 – Students
- 12) All floor exercise music **MUST** be recorded on a quality [CD and/or Ipod connection](#). All music will be played on one amplification system provided by the host school. Use of any other system will be prohibited.
- 13) Long sleeved tee shirts and hooded sweat shirts will be available at a cost of \$20 for tees and \$30 for hoodies.
- 14) **All awards** for the girls' individual gymnastics championship will be presented at the **completion of the session**. Medals will be awarded for places one through three in each division for each event.
- 15) The schedule of events for **Saturday, February 16, 2019 - Individual Gymnastic Championship at Moon High School is tentative. Times may be adjusted according to registrations received.**

**WPIAL OFFICIAL ENTRY BLANK
FOR 2019 GIRLS INDIVIDUAL GYMNASTICS**

Return To: Amy Caprino
 MOON AREA MIDDLE SCHOOL
 8353 University Blvd.
 Moon Twp PA 15108
 Telephone: 724/457-6618 (h)
 Email: amycaprino@yahoo.com

ENTRY DEADLINE: Monday, February 11, 2019

EVENT	INTERMEDIATE II – (Silver)	INTERMEDIATE I – (Gold)	ADVANCED (Diamond)
VAULT	8.0	8.5	9.0
BARS	8.0	8.5	9.0
BEAM	8.0	8.5	9.0
FLOOR	8.0	8.5	9.0
ALL AROUND	32.0	34.0	36.0

	Name	Grade	Division	Vault	Bars	Beam	Floor	All Around
Ex.	Susie Whippial	10	Inter. I	x	x	x	x	x
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								
16								
17								
18								
19								
20								

SCHOOL NAME:	
ATHLETIC DIRECTOR:	
COACH:	
TELEPHONE:	

2019 WPIAL INDIVIDUAL GYMNASTICS CHAMPIONSHIP
Schedule of Events
Saturday, February 16, 2019

Session One – Intermediate II Division
(Silver Division)

8:30 am	Doors Open
9:00 am	Coaches Meeting
9:30 - 9:45 am	1st Warm up Rotation
9:50 am	Parade of Athletes
10:00 am	Competition – Intermediate II Division
12:30 pm	Awards Ceremony

---Officials break ~ during change of divisions---

Session Two – Intermediate I & Advanced
(Gold & Diamond Divisions)

1:00 pm	Coaches Meeting
1:30-1:45 pm	1st Warm up Rotation
1:50 pm	Parade of Athletes
2:00 pm	Competition – Intermediate I & Advanced Division
4:30 pm	Awards Ceremony

Athletes **MUST** be in school uniform to accept awards.
Coaches will present awards to their gymnasts.

NO visible advertising of private club.

Points of Emphasis

Friday, February 15, 2019

Please be on time for the coaches meeting –
5:00 pm Friday, Feb. 16 – Team Competition

There will be 12 min. warm up rotations prior to competition.

There will be a brief touch beginning with the second competition rotation.

All coaches **MUST** wear warm-ups and gym shoes - this is a high school event – there will be **no visible advertising of private club** on athlete or coach.

Athletes **MUST** be present and in school uniform to accept awards.

Team Champion will be presented a trophy at the conclusion of the event.

Saturday, February 16, 2019

The “**Draw for Order of Rotation Groups**” will be held **Friday, Feb. 15th** at 4:30 pm prior to the team competition at **Moon High School**. Coaches in attendance will draw for rotation order.

There will be **NO** changes made in a gymnast division or order prior to competition on Saturday. If you're in doubt of your gymnast's division, verify with Amy Caprino by Thursday, Feb. 15th.

Please be on time for the coaches' meeting – **9:00 am**

Intermediate II Division will compete in the morning.
Intermediate I and Advanced will compete in the afternoon.

Four events will run simultaneously.

We will run warm-up / compete rotations with a brief touch.

All coaches **MUST** wear warm-ups and gym shoes - this is a high school event – there will be **no visible advertising of private club** on athlete or coach.

Athletes **MUST** be present and in school uniform to accept awards.

Awards will be presented at the conclusion of **ALL** competition.

2018 – 2019 WPIAL GYMNASTICS CHAMPIONSHIP SOUVENIR SHIRT ORDER FORM

SHIPPING FEES: (1-3 Items - \$10; 4-9 Items - \$15; 10 or more Items -\$20)**

ITEM	QUANTITY	UNIT PRICE	TOTAL
<i>The shirts are white with artwork shown below on the front</i>			
LONG SLEEVE T-SHIRTS-XL		\$20	
LONG SLEEVE T-SHIRTS -L		\$20	
LONG SLEEVE T-SHIRTS -M		\$20	
LONG SLEEVE T-SHIRTS -S		\$20	
<i>Sweatshirts are light gray design is shown below</i>			
HOODED SWEATSHIRTS- XL		\$30	
HOODED SWEATSHIRTS - L		\$30	
HOODED SWEATSHIRTS - M		\$30	
HOODED SWEATSHIRTS - S		\$30	
SHIPPING FEES: (1-3 Items - \$10; 4-9 Items - \$15; 10 or more Items -\$20)			
TOTAL AMOUNT DUE			\$

PERSON ORDERING

MAILING ADDRESS

CITY

State

Zip Code

()

PHONE

E-Mail address

Ordering Information and Instructions

- ***Deadline for ordering these souvenir shirts is February 19, 2019.***
- Full payment required with order. Make checks payable to: **WPIAL**.
- Send orders to the WPIAL, 615 Iron City Drive, Suite 300, Pittsburgh, PA 15205.
- Allow up to 3 weeks after deadline date to receive your merchandise.
- **Orders received after the deadline will be returned to sender.**

