

January 11, 2010

TO: Athletic Directors
FROM: Tim O'Malley, Executive Director
SUBJECT: 2010 WPIAL Girls Gymnastics Championship

The 2010 WPIAL girls' individual championship will be held on **Saturday, February 20, 2010**, at Moon Middle School beginning at 10:00 AM. The following items will explain all areas of the tournament. However, if further clarification is necessary, please contact the WPIAL office.

- 1) An entry blank for individual contestants is enclosed. This entry form must be postmarked by **Monday, February 15, 2010**, and returned to Amy Caprino at Moon Area School District. All gymnasts may enter the WPIAL tournament if they have achieved the qualifying standard in their event(s).
- 2) **For those WPIAL schools who do not field a gymnastics team; but have an individual or individuals who wish to compete and meet all PIAA eligibility requirements, you may only enter one individual per event.** If your school does not field a gymnastics team, but you have a gymnast who wishes to compete and she has demonstrated in four (4) meets that she is capable of meeting the WPIAL standard for entry in her event, please forward her name and qualifying marks, attested by an official, to Amy Caprino at Moon Area School District by **Monday, February 15, 2010**. Please phone any qualifying scores that may occur on the February 9th meet to Amy Caprino at: 724/457-6618.
- 3) Contestant draw will be held at Moon Middle School gym on February 19th at 7:00 PM. The coaches in attendance will draw for those absent. There will be NO changes made in a gymnast division or order prior to competition on Saturday.
- 4) The qualifying standards for all individuals who wish to enter the WPIAL championship event are as follows:
 - a) There must be a minimum of four (4) scores from PIAA officiated meets, tournaments or invitationals.
 - b) Average the event median score (middle score) with the season high score on that event to establish your qualifying score.
 - c) All-Around ~ Total your four event averages for your qualifying score. Each event must attain the division minimum. Otherwise, use specialist average of remaining events. *Do not use all around scores.*
 - d) Specialists ~ After averaging individual events, the events will be averaged together to determine the division.
 - e) Any gymnast who wins the all around with a score that exceeds their current division, must move up into that division for any following years of competition.
 - f) No gymnast may move down a division once they have competed in that division at a district or state level meet.

NOTE: A gymnast may compete in one division only. No mixed divisions.

EVENT	INTERMEDIATE II	INTERMEDIATE I	ADVANCED
VAULT	8.0	8.5	9.0
BARS	8.0	8.5	9.0
BEAM	8.0	8.5	9.0
FLOOR	8.0	8.5	9.0
ALL AROUND	32.0	34.0	36.0

2009-2010 WPIAL Girls Gymnastics Championship - Page 2

- 5) Also enclosed in this mailing is a team entry form for the eight (8) schools who field teams in the 2009/2010 WPIAL schedule. Please follow the directions on this form.
- 6) The WPIAL Board of Control has a non-school team competitor policy that permits only one entry from a non-school team. Only one entry per school, per event, per division will be permitted to compete in the tournament.
- 7) All coaches **MUST** wear warm-ups and gym shoes. The warm-ups must have **no visible advertising of private clubs**.
- 8) Food will be available at the site. **Please do not bring in outside vendor food.**
- 9) All competitors must be accompanied by a professional employee of the school district, or a designated coach representing the school (in writing), who must remain at the tournament site until the competitor has been eliminated.
- 10) **No protests will be considered. No medical waivers** for injuries or illnesses will be accepted.
- 11) **ADMISSION:** GATE SALE ONLY
\$7.00 – Adults \$5.00 – Students
- 12) All floor exercise music **MUST** be recorded on a quality cassette tape or CD. All music will be played on one amplification system provided by the host school. Use of any other system will be prohibited.
- 13) Long sleeved tee shirts and hooded sweat shirts will be available at a cost of \$16 for tees and \$26 for hoodies.
- 14) **All awards** for the girls individual gymnastics championship will be presented at the **completion of the each session**. Medals will be awarded for places one through three in each division for each event.
- 15) The schedule of events for **Saturday, February 20, 2010 - Individual Gymnastic Championship at Moon Middle School is tentative. Times may be adjusted according to registrations received.**

2010 WPIAL GIRLS GYMNASTICS CHAMPIONSHIP

GIRLS TEAM ENTRIES

SCHOOL NAME _____

Five competitors per event may be entered.
There will be no changes in line up once competition has begun.

VAULT	BARS
1)	1)
2)	2)
3)	3)
4)	4)
5)	5)

BEAM	FLOOR
1)	1)
2)	2)
3)	3)
4)	4)
5)	5)

Coach's Name:	Telephone: (H)	(W)
Coach's Name:	Telephone: (H)	(W)

NOTE: THIS FORM SHOULD BE RETURNED TO AMY CAPRINO AT MOON SCHOOL DISTRICT NO LATER THAN MONDAY, FEBRUARY 15, 2010.

**WPIAL OFFICIAL ENTRY BLANK
FOR 2010 GIRLS INDIVIDUAL GYMNASTICS**

Return To: Amy Caprino
MOON AREA MIDDLE SCHOOL
8353 University Blvd.
Moon Twp PA 15108
Telephone: 724/457-6618 (h)

ENTRY DEADLINE: Monday, February 15, 2010

EVENT	INTERMEDIATE II - <i>(Silver)</i>	INTERMEDIATE I - <i>(Gold)</i>	ADVANCED <i>(Diamond)</i>
VAULT	8.0	8.5	9.0
BARS	8.0	8.5	9.0
BEAM	8.0	8.5	9.0
FLOOR	8.0	8.5	9.0
ALL AROUND	32.0	34.0	36.0

	Name	Grade	Division	Vault	Bars	Beam	Floor	All Around
Ex.	Susie Whippial	10	Inter. I	x	x	x	x	x
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								
16								
17								
18								
19								
20								

SCHOOL NAME:	
ATHLETIC DIRECTOR:	
COACH:	
TELEPHONE:	

P O I N T S O F E M P H A S I S

The “**Draw for Order**” will be held **Friday, Feb. 19th** at the conclusion of the Judges Inv. at **Moon Middle School – approx. time 7:30pm**

The coaches in attendance will draw for those absent.

There will be **NO** changes made in a gymnast division or order prior to competition on Saturday.

Please be on time for the coaches meeting.

Two events will run simultaneously – Vault & Bars - Beam & Floor

We will run warm-up / compete rotations with a brief touch.

“Team only” competitors will compete in Session #1 / Int. II Division.

All coaches **MUST** wear warm-ups and gym shoes - this is a high school event – there will be **no visible advertising of private club** on athlete or coach.

Athletes **MUST** be present and in school uniform to accept awards.

Awards will be presented at the conclusion of **ALL** competition in each session.

2010 WPIAL GYMNASTICS CHAMPIONSHIP

SCHEDULE OF EVENTS

Session #1

INTERMEDIATE II DIVISION - SILVER

8:30am	Doors Open
9:00am	Coaches Meeting
9:30 - 9:45am	1st Warm up Rotation
9:50am	Parade of Athletes
10:00am	Competition - Vault & Bars Beam & Floor
2:00pm est.	Conclusion of Session #1 Competition Awards Ceremony for Session #1

******* Officials Break *******

Session #2

ADVANCED & INTERMEDIATE I DIVISIONS - DIAMOND & GOLD

2:15pm	Coaches Meeting
2:30 - 2:45pm	1st Warm-up Rotation
2:50pm	Parade of Athletes
3:00pm	Competition - Vault & Bars <u>Vault</u> - Advanced <u>Bars</u> - Int. I Int. I Advanced
*** May have a brief Officials break ***	
	Beam & Floor <u>Beam</u> - Advanced <u>Floor</u> - Int. I Int. I Advanced
6:00 - 6:30pm	Conclusion of Competition
6:30pm est.	Awards Ceremony for Session #2
Athletes MUST be in school uniform to accept awards. Coaches will present awards to their gymnasts.	

NO VISIBLE ADVERTISING OF PRIVATE CLUB.