

Save the Date

Prevention and Management of Injuries in High School and Youth Sports

Wednesday, April 11 – Heinz Field



UPMC Sports Medicine will present a free sports medicine education program hosted by the Pittsburgh Steelers® for school and community-based coaches, athletic directors, and athletic trainers. Learn about sports injuries among high school and youth athletes, including signs and symptoms of overuse injuries and concussions, injury prevention tips, treatment options, and how UPMC is helping patients recover and safely return to sport.

Formal invitation will follow, detailing registration and continuing education information, agenda, and guest speaker(s).

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