



UPMC Rooney Sports Complex

3200 South Water St.
Pittsburgh, PA 15203

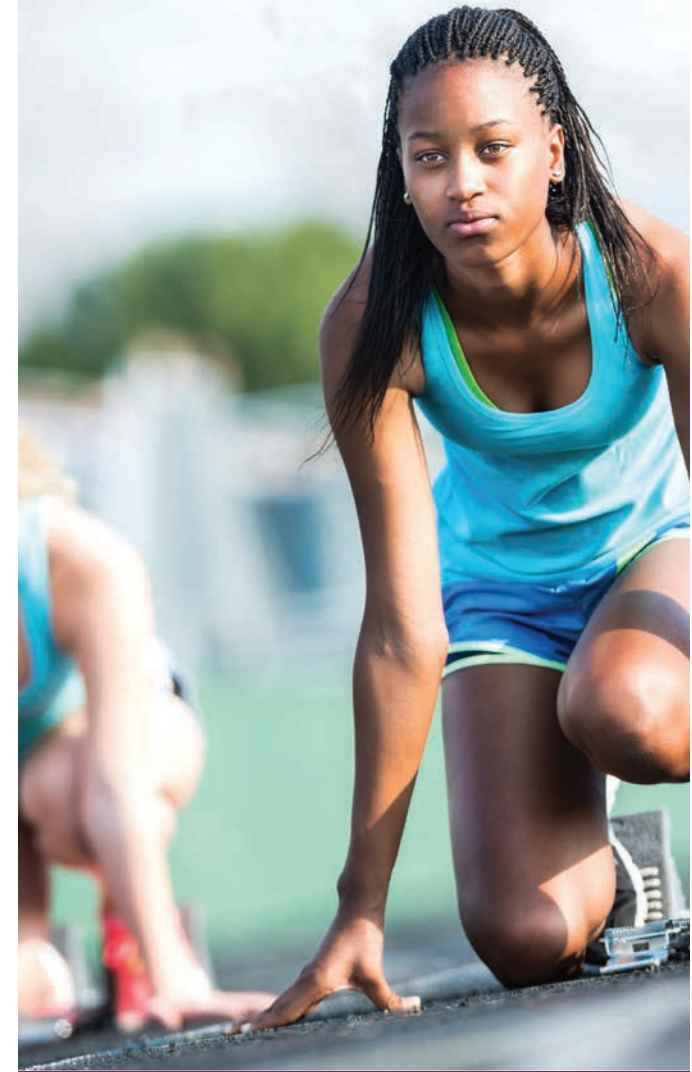
UPMC policy prohibits discrimination or harassment on the basis of race, color, religion, ancestry, national origin, age, sex, genetics, sexual orientation, gender identity, marital status, familial status, disability, veteran status, or any other legally protected group status. Further, UPMC will continue to support and promote equal employment opportunity, human dignity, and racial, ethnic, and cultural diversity. This policy applies to admissions, employment, and access to and treatment in UPMC programs and activities. This commitment is made by UPMC in accordance with federal, state, and/or local laws and regulations.

SPORTS504341 IB/KP 05/17

© 2017 UPMC

Introduction to Athletic Training

An Interactive Workshop for High School Students



UPMC | **SPORTS MEDICINE**

UPMC Sports Medicine is proud to offer our annual workshop for high school students who are interested in a career in athletic training or who wish to enhance the skills they use daily in their high school athletic training rooms. Students will be exposed to elements of our key topics through lecture with an emphasis on hands-on practice of techniques and procedures. Lab time has been set aside to focus on the skills students are able to utilize in their high school athletic training environments. The schedule also includes a session with a collegiate program director who will present on how to prepare for college and an athletic training major. A continental breakfast and lunch are provided daily as well as all course and lab materials.



Workshop Topics

Athletic Training Careers

Prevention

- Conditioning
- Nutrition and Hydration
- Environmental Injuries
- Skin Care and Hygiene

Administration

- Pre-Participation Physicals
- Emergency Action Planning

Treatment

- Common Injuries and
- Medical Terminology
- Evaluation & Diagnosis
- Treatment
- Specific Injuries
- Rehabilitation
- Concussions
- Spine Boarding
- American Heart Association: Heartsaver CPR

Workshop Athletic Training Staff

Karen Andreycak

Derry H.S.
UPMC — 18 years

Laura Baden

Shaler Area H.S.
UPMC — 1 year

Amanda Clark

South Allegheny H.S.
UPMC — 4 years

Bill Coutts

Shaler Area H.S.
UPMC — 21 years

Samantha Powell

University of Pittsburgh - Greensburg
UPMC — 4 years

Jackie Jenkins

Knoch H.S.
UPMC — 2 years

Barbara Marschik

Greensburg Salem H.S.
UPMC — 2 years

Becca Kehs

Chatham University
UPMC — 1 year

Leigh Keller

East Allegheny H.S.
UPMC — 13 years

Jesse Townsend

Manager, UPMC Sports Medicine
UPMC — 16 years

When:

August 1 and 2, 2017

Where:

The Ellis School
6425 Fifth Avenue
Pittsburgh, PA 15206

For questions regarding the workshop call:

Jesse Townsend at 412-432-3728