

2009/2010 CROSS COUNTRY ALIGNMENT ~ 97 Boys Teams, 97 Girls Teams

CLASS AAA TEAMS ~ 51 Boys – 49 Girls

SECTION 1

DERRY
GREENSBURG SALEM
FRANKLIN REGIONAL
HEMPFIELD
INDIANA
LATROBE
NORWIN
PENN TRAFFORD
YOUGH

SECTION 2

ALBERT GALLATIN
CONNELLSVILLE
ELIZABETH FORWARD
LAUREL HIGHLANDS
RINGGOLD
THOMAS JEFFERSON
UNIONTOWN
WEST MIFFLIN

SECTION 3

BUTLER
HAMPTON
KNOCH
NORTH ALLEGHENY
NORTH HILLS
PINE RICHLAND
SENECA VALLEY
SHALER

SECTION 4

CTR'L/OAK CATHOLIC
FOX CHAPEL
GATEWAY
HIGHLANDS
KISKI
McKEESPORT
PENN HILLS
PLUM
WOODLAND HILLS

SECTION 5

AMBRIDGE
BLACKHAWK
HOPEWELL
MARS
MONTOUR
MOON
NEW CASTLE
WEST ALLEGHENY

SECTION 6

BALDWIN
BETHEL PARK
CANON McMILLAN
CHARTIERS VALLEY
MT LEBANON
PETERS
TRINITY
UPPER ST CLAIR

CLASS AA TEAMS ~ 46 Boys – 48 Girls ~ © = COOPERATIVE SPONSORSHIP

SECTION 1

BEAVER
BEAVER FALLS
ELLWOOD CITY
LAUREL
MOHAWK
NESHANNOCK
RIVERSIDE
SHENANGO
SOUTH SIDE BEAVER
UNION

SECTION 2

AVONWORTH
CENTER
FREEDOM
NEW BRIGHTON
NORTHGATE
OUR LADY OF SH ©
QUAKER VALLEY
SEWICKLEY ACADEMY
VINCENTIAN

SECTION 3

AVELLA
BROWNSVILLE
BURGETTSTOWN
CHARTIERS HOUSTON
FORT CHERRY
FRAZIER
GEIBEL
McGUFFEY
WASHINGTON
WAYNESBURG

SECTION 4

FORD CITY
FREEPORT
GREENSBURG CC
KITTANNING
RIVERVIEW
SHADY SIDE ACADEMY
SOUTHMORELAND
STEEL VALLEY
WEST SHAMOKIN

SECTION 5

BRENTWOOD
BISHOP CANEVIN
ELLIS
KEYSTONE OAKS
NEIGHBORHOOD ACAD.
NORTH CATHOLIC
SETON LASALLE
SOUTH FAYETTE
SOUTH PARK
WINCHESTER THUR.

NOTE:

Ellis School - no boys' team
New Castle - no girls' team
Southmoreland AAA Boys – AA Girls
Oakland Catholic and Central Catholic run the same schedule

CHANGES TO ALIGNMENT

Elderton – dropped
Mt. Pleasant – dropped
West Shamokin - added